#### CALIFORNIA DREAMING ASSEMBLE YOUR SALAD WITH TABBOULEH (page 13)



WINNIPEG



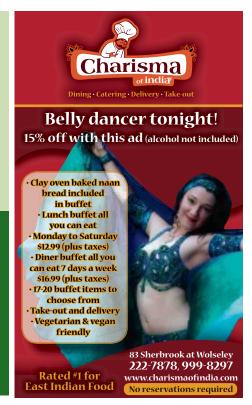
HALL OF FAME BELFOUR, GILMOUR, HOWE SELECTED

{page 15}

et

## SPOTLIGHT TRANSFORMERS STAR STRUGGLES WITH PUBLIC IMAGE







#### Province has permanent protection

The province signed an agreement with Shock Trauma Air Rescue Society yesterday for a permanent helicopter-ambulance program. It also announced funds for a helipad for the Health Sciences Centre. See full story at metronews.ca/winnipeg.

## Sentence too light for Crown

♠ Man pleaded guilty to slamming into woman's car while driving more than twice the speed limit ♠ He was drinking, judge says



Manitoba prosecutors want to put Brian Kenneth Wallace in jail, despite one judge's refusal to let that happen.

The Crown has filed notice it is appealing a conditional sentence of two years less a day handed to the 31-year-old first offender, who just recently learned his fate from provincial court Judge Marvin Garfinkel.

Wallace pleaded guilty to dangerous driving causing the October 2007 death of Therese Hadley and also admitted to refusing to let police have a sample of his breath for DUI testing.

Wallace slammed into Hadley's vehicle at speeds between 122–136 km/h at the residential intersection of Hamilton Avenue and Cavalier Drive, which is controlled by four-way stop signs.

The posted speed limit is 50

Hadley, a longtime employee of the Lions Manor retirement home in Winnipeg, died in hospital not long after the massive crash.

Prosecutors assert Garfinkel's decision to allow Wallace to avoid jail isn't a fit punishment, and want the Manitoba Court of Appeal to overturn it.

The Crown had requested a sentence of three years in prison for Wallace, whom Garfinkel described as a remorseful man who no longer drinks or drives.

However, by allowing him to avoid real jail, the judge failed "to properly consider deterrence and denunciation" of the crime, the Crown asserts in court docu-

## "The burden of this offence will always be upon him."

JUDGE MARVIN GARFINKEL
IN A DECISION TO GIVE BRIAN KENNETH
WALLACE A CONDITIONAL SENTENCE

nents.

Garfinkel was also in error to say a long delay in completing the case should be a factor in Wallace's favour, prosecutors state.

Garfinkel said Wallace had been drinking, but it couldn't be proven whether the alcohol affected his driving.

The Crown asserts his refusal to give a breath sample should have been held against him at sentencing.

A date for when the appeal will be heard is pending.

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## Afghan dog to call Winnipeg home

• To donate to the charity that brought the pooch to Winnipeg, visit nowzaddogs.chipin.com



At Kandahar Airfield in Afghanistan, mine-sniffing dogs enjoy chow and an even greater luxury than their comrades — a pool. Meanwhile, stray dogs, sometimes travelling in packs, dodge Afghanis who target them with their vehicles, stones and gunfire.

In December, Canadian soldier Shane Seguin and his unit came across one such hound. Gunner, who arrived in Winnipeg yesterday, thanks to the charity Nowzad Dogs.

been 'Gunner has through the worst imagiconditions the world knows, and we want give him the best instead," said Seguin, who is returning from his tour in August.

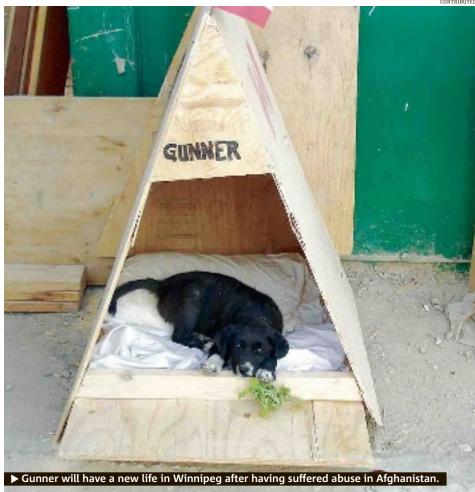
Soldiers found the mal-

nourished pup after it was beaten by local children. They brought him back to their outpost in southern Afghanistan and fed him. Knowing he would die elsewhere, the unit kept Gunner. Troops built him a doghouse from spare wood, and gave him a collar, leash and food from a K9 unit.

"It really boosted the morale because lots of them have pets back home and it gives them a sense of normalcy," said Seguin's girlfriend, Lisa Knievel. "It gives them something to look forward to and a little bit of a break from the intense atmosphere of a war."

Gunner was accepted at Nowzad's shelter in Kabul, where they secured his passage to Canada.

Knievel picked up Gunner yesterday from the airport and said, "He is phenomenal.





many scientists had previously thought. Scan code for story.

news

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

In tomorrow's

As the CFL season kicks off. **Dan Toth runs** down the odds on who will win the Grey Cup this year.



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### Sale on at animal shelter

Winnipeg's shelters are full to the brim with animals, so the city is holding a dog sale.

Starting today, Animal Services Agency will be offering dogs for \$99, which will include a licence, mispay/neuter, crochip, shots, food and pet health insurance.

The two-day sale ends

at 5:30 p.m. tomorrow. The shelter, which currently has 51 dogs, says it has no room and that other shelters are also full.

For more information and to view photos of the dogs, visit Winnipeg.ca/ animalservices.

The shelter is located at 1057 Logan Ave.



#### **News in brief**

#### **Keyask station** work to start

STATION. Manitoba Hvdro will begin work this summer on the \$5.6-billion Keyask generating station.

The project will generate another 695 megawatts from the Nelson River, which already

produces almost 4,000 megawatts.

THE CANADIAN PRESS

#### **Shots fired in** home: Cops

**SEVERAL.** Winnipeg Police said several shots were fired at a home in the first 100 block of Canberra Road at about 3:30 a.m. yesterday.

Police are investigating the case. • METRO



## Highrise pegged as key to urban future

Chipman has been working on new tower since MTS Centre opened in 2004 Hopes to spruce up facility



Things just seem to keep looking up for Winnipeg's downtown.

With the area already buoyed by the coming return of the NHL, officials stepped forward yesterday to formally announce a 200,000-square-foot, 20storey mixed-use tower will soon mark the landscape across from the MTS Centre arena.

The space is currently the home of the MTS Centre Exhibition Hall and known to many as the A&B Sound building at

#### In the building

- The hotel will occupy the tower's top 12 floors and will feature 154 rooms.
- Demolition will begin this fall, with the grand opening in 2013.
- More than 250 Stantec emplovees will call the lower floors of the tower their new home.

Donald Street and Portage

The tower will become the home of Manitoba's first ALT Hotel - its service style is described as "no-frills chic" — and the new Winnipeg headquarters for Stantec, a Canadian-based architectural and engineering consulting

Street level will feature restaurant and retail space, and developers have already received calls from eager potential tenants, said Jeoffrey Chipman, CEO of Longboat Development Corp., one of the driving forces behind the plan.

"You'd look across the street and say, 'Boy, that's an area of our downtown that needs to be better," Chipman said. been working and thinking about it for quite a few

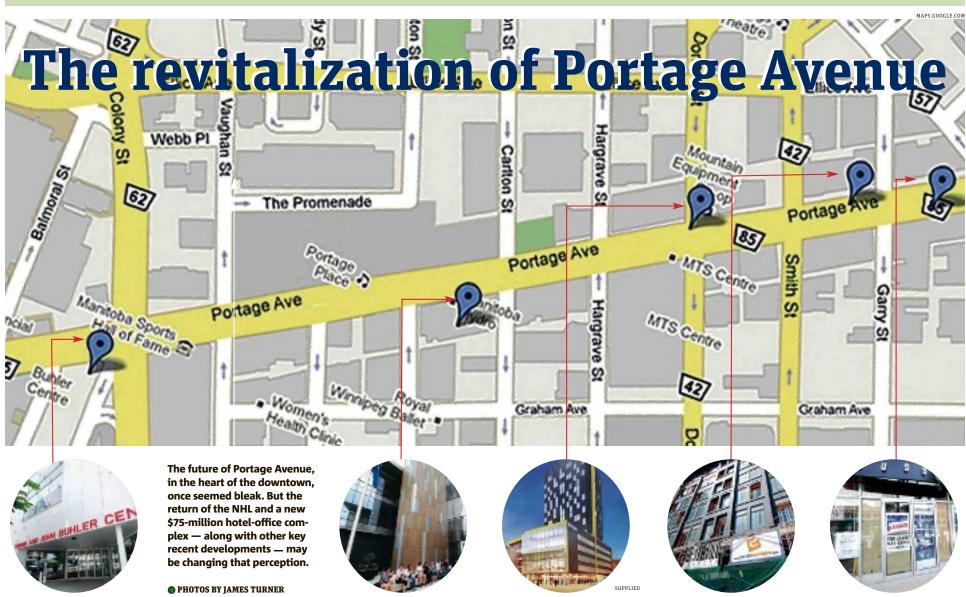
years."

Ross McGowan of Centre Venture said he bethe \$75-million development - which includes the construction of a parkade on Hargrave Street just west of the tow-

▶ Manitoba Premier Greg Selinger applauds as Jean-Yves Germain of Groupe Germain and

Jeoffrey Chipman, CEO of Longboat Development Corp., unveil the redevelopment plan.

 is just "the tip of the iceberg" and will ultimately help spur more investment in the downtown.



The University of Winnipeg is playing a large role in revitalizing Portage Avenue through projects like the Bonnie and John Buhler Centre.



A 200,000-square-foot tower structure at Portage Avenue and Donald Street will be part hotel, part office space and retail plaza. Construction is set to start in November.

Once a neglected, derelict space, the Avenue Building is being transformed into a multi-unit residence.

Restaurants and clubs are springing up along the eastern strip. "Leased" signs are no longer a peculiar sight.

## Pope tweets for first time

Pope Benedict XVI yester-day tweeted for the first time, announcing launch of a Vatican news information portal.

Benedict's tweet read: "Dear Friends, I just launched News.va Praised be our Lord Jesus Christ! With my prayers and blessings, Benedictus XVI."

The portal www.news.va

for the first time aggregates information from the Vatican's various print, online, radio and television media. It's the latest effort by the Vatican to bring its evangelizing message to a greater, Internetsavvy audience and follows forays into Facebook, Twitter and YouTube.

THE ASSOCIATED PRESS



## **Ex-sex king turns to politics**

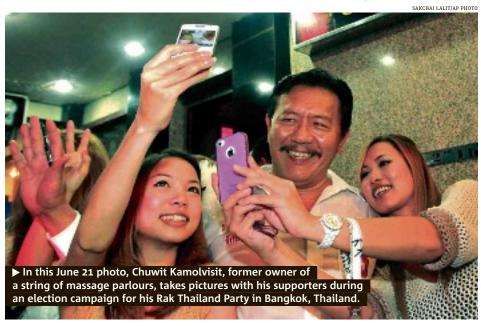
Thai tycoon vows one-man anti-corruption reality check on government

As the super-pimp who once ran Thailand's biggest brothel empire and then exposed the police kickbacks he had to pay for it to flourish, Chuvit Kamolvisit feels uniquely qualified to lead the country's fight against corruption.

And in his quest to win a parliament seat in elections Sunday, the 49-year-old one-time massage-parlour king is betting a public tired of divisive, hypocritical leaders will agree.

Politicians "are like diapers — you have to change them," Chuvit said in an interview, referring to a campaign poster that features him cradling a toddler. "Otherwise it's too dirty." THE ASSOCIATED PRESS

\$300K Prostitution is illegal in Thailand but rarely prosecuted. Chuvit's massage parlours were thinly disguised brothels, and he doesn't see anything wrong with them except the payoffs police demanded.



#### 'The street truth'

With the air and swagger of a mafia don, the mustachioed Chuvit Kamolvisit plays the part of former sex boss well. Since selling off his brothels, he has become a kind of pimp-turned-Robin Hood exploiting his own sordid

past to legitimize his crusade against graft. It all began in 2003, when he was accused of the unauthorized, overnight demolition of scores of unlicensed bars and shops from a downtown Bangkok block he owned. The brutal move erupted into a major public scandal, and when the police failed to protect

him, Chuvit fought back by exposing the behemoth bribes he had to pay to keep his mighty empire of flesh running.

Eight years on, he said, corruption is still "eating this country and nobody cares." He admits there's not much he can do about it, but whoever listens will "hear the truth ... the street truth."

#### Last shuttle flies July 8

The last space shuttle launch ever is set for July 8.

NASA managers met at Kennedy Space Center ysterday and confirmed Friday, July 8, as the launch date for Atlantis. The 12day mission will close out the 30-year shuttle pro-

Atlantis will fly to the International Space Station with a year's worth of supplies. Four astronauts will be on board for this grand

NASA spent the past week testing a new fuel valve that was installed in one of Atlantis' main engines to stop a leak. Officials say everything looks

Launch time is 11:26 a.m. eastern time. THE ASSOCIATED PRESS

says about 4.27 million Canadians aged 12 or older suffered an injury severe enough to limit their usual activities in 2009-10. The Statistics Canada study found the overall injury rate in 2009-10 was 15 per cent,

**News in brief** 

**Injury stats rise** 

STATSCAN. A new study

up from 13 per cent in 2001. THE CANADIAN PRESS

#### Slaughter rite ban

HOLLAND. The Netherlands passed a bill banning slaughter of livestock without stunning, removing an exemption allowing orthodox Dutch Jews and Muslims to butcher animals according to centuries-old dietary

THE ASSOCIATED PRESS

#### **Athens clashes** in pictures

1. PETROS KARADJIAS/THE ASSOCIATED PRES 2. THANASSIS STAVRAKIS/THE ASSOCIATED PRESS
3. THE ASSOCIATED PRESS
4. PETROS KARADJIAS/THE ASSOCIATED PRESS
5. THANASSIS STAVRAKIS/THE ASSOCIATED PRESS



Riot police arrest a protester during a demonstration in Athens yesterday. Youths hurled rocks and fire bombs at riot police in central Athens yesterday as a general strike against new austerity measures brought the country to a

A Greek orthodox priest covers his face to protect himself from the effects of tear gas during the demonstration.

A protester and a riot policeman take a cigarette break together.

Athens demonstrators burn an umbrella.

A protester walks in the midst of tear THE ASSOCIATED PRESS

## Lagarde chosen to lead IMF

- French politician takes over at turbulent time
- She promises to focus on developing economies

Lagarde, the Christine French finance minister, has been chosen to lead the International Monetary Fund. She will become the first female managing director of the global lending organization.

Lagarde's selection was all but assured when the Obama administration endorsed her yesterday. Hours later, the IMF's 24-member board voted to appoint her to the position. She had also won support from Europe, China and Russia.

Lagarde, who is 55, takes over at a tumultuous time. Europe's debt crisis is intensifying. Emerging nations want a greater voice at the IMF. And the organization's reputation has been tarred by a scandal involving Dominique Strauss-Kahn, whom she replaces as leader.

In announcing her candidacy last month, Lagarde said she would bring "all my expertise as a lawyer, a minister, a manager and a woman" to the job.

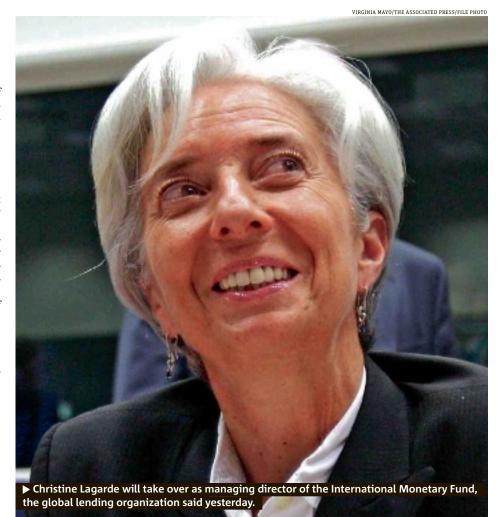
She will be able to "hit the ground running" at the IMF because she is so familiar with one of the fund's biggest challenges, the European crisis, said Jan Randolph, director of sovereign risk at IHS Global Insight.

Lagarde's background is in law, experience that may

have come in handy as she negotiated the rescues of Greece, Ireland and Portugal in a series of tense, latenight meetings over the past year and a half.

However, Greece's resurgent problems this year have raised questions about the wisdom of last year's bailout, and may cast doubt on Lagarde's crisis-management strategy just as she takes over the IMF. Europe's indecisive and disjointed handling of the Greek crisis has caused the total size of the final bill for taxpayers and international lenders to balloon.

THE ASSOCIATED PRESS



#### LAGARDE FACES HER TOUGHEST JOB YET

Christine Lagarde has travelled tirelessly to save the euro and blazed a trail for women in halls of power long dominated by men.

While she's not a trained economist, she has

made her mark as the first woman finance minister of a major world economy by surrounding herself with strong advisers, and by using her impeccable English and media savvy to get her

message out. Her roll-upyour-sleeves attitude and frank manner set her apart from the lofty figures often found in French politics and the IMF

THE ASSOCIATED PRESS

## **Google stifles** competition, lawsuit claims

Google is staring down a new legal challenge in Europe after French Internet company 1plusV filed a \$411-million lawsuit yesterday saying the search engine unfairly squeezed out competitors in France.

The suit comes soon after the U.S. Federal Trade Commission and European regulators started investigating claims that Google has abused its dominance of the Internet and advertising to stifle competition.

1plusV, based in Versailles, operates more than 30 specialty search engines in French. The company says it became impossible for users to find its sites via Google searches, and claims that Google did this intentionally. This kind of

#### **Group session**

- Google is taking another stab at social networking with a project it calls Gooale+.
- A feature called Circles lets users share things with different groups of friends, colleagues and relatives.
- Facebook has a similar feature called Groups.

"blacklisting" deprived the 1plusV sites of advertising revenue, the company ar-

1plusV is one of several companies that have complained to the European Commission Google's practices.



#### A fortune at steak

South Korea will resume imports of Canadian beef, lifting an eight-year ban imposed over fears of bovine spongiform encephalopathy, which ravaged the industry nearly a decade ago. South Korea was the last major Asian country to end the ban.

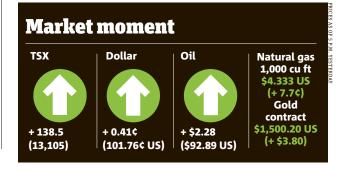
#### **Bidder emerges for** sinking MySpace

News Corp. has put its struggling social network site MySpace on the block. A source said the company is looking to cut a deal this week, and ad-targeting firm Specific Media has emerged as a front-runner in the bidding. The deal would be worth up to \$40 million US, and MySpace will shed more than half of its staff of 500, the source said.

News Corp. paid \$580 million US for the site in 2005, but its business deteriorated as rival Facebook took off.

Specific Media founded in 1999 by brothers Tim, Chris and Russell Vanderhook. It helps marketers buy digital ads across the web, online video, smartphones, computer tablets and television. Based in Irvine, Calif., it ranks among the largest online advertising networks in the United States, reaching 170.9 million unique U.S. visitors in May, or about 79 per cent of the U.S. Internet users, according to comScore Inc.

THE ASSOCIATED PRESS



### THESE BOOTS WEREN'T MADE FOR WALKING

JUST SAYIN' ...

PAUL SULLIVAN



What's with women's shoes? Women everywhere are squeezing their feet into what can only be described as bondage booties and wob-

bling across the intersection

of Toronto's Bloor and Yonge or Vancouver's Robson and Thurlow with a determined gait reminiscent of Mistress Paddywhack.

Apparently, the small cadre of sadists (masochists?) who rule the fashion world have determined that bondage chic has

replaced heroin chic, and now otherwise sane females look as if their feet have been captured by aliens.

Wherever I look, women's shoes have morphed into something Darth Vader would wear if he were into cross-dressing. ("I am your motha, Luke.") Even the fashion blogs have trouble describing them: "Nine West collections this autumn/winter are truly something many will lack words to describe.

You've got that right unless you're willing to come

"Wherever I look, women's shoes have morphed into something **Darth Vader** would wear if he were into cross-dressing."

clean and admit that bondage is the basis for this bold design trend. One blog, written by the superbly named Tania Braukämper, takes the wraps off the whole sordid affair: "Like so many other things that were only recently considered too sexually charged to see the light of day, in a few short years the leather harness has infiltrated the realms of what we consider fashionable.'

Wait a minute. Did she say leather harness? Yes,

she did, and her post is accompanied by a photo of a young woman in various states of extreme bondage to match her shoes. She appears to be 17 feet tall on account of her 12-foot spike heels.

According to Braukämper, when bondage and fetish fashion first hit our trend radars back in 2009 (so long ago) it was all bodycon, leather, studs and chains. "But it's progressed. It's moved on." To leather harnesses. How long will it be before any self-respecting personal assistant won't be caught dead on the subway without her whip? Accessorize!

Maybe I'm making too much of this, but after watching these poor, trussed-up wretches wobble across the street, I feel compelled to speak out: Women of the world unite! You have nothing to lose but your bodycon, leather, studs and chains (not to mention your harnesses)! Strike a blow for sensible shoes!

I remember a generation of women who fought for equal rights and equal pay, for control over their own bodies and their own place in the sun. But did the struggle include the right to orthopedic surgery? I guess so.

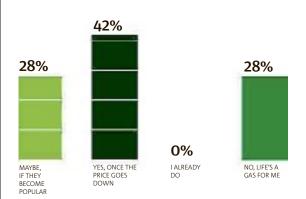
Meanwhile, I wonder what Ms. Fashionista sees when she gets dressed to go to work in her bondage kit? Probably only a secret code that says I buy all my shoes in New York/Paris/London. And you don't.

•••••• Read more of Paul Sullivan's columns at metronews.ca/justsaying



Register at metrolifepanel.ca and take the quick poll

Would you ever drive an electric car?



#### **Local tweets**



@Sweet\_ Pea 204: I'm gonna do somethina I

haven't done in WEEKS! Check my mailbox! #winnipeg #canadapost

- @JordanCoates: Pretty awesome looking hotel and office building going to be built across from MTS Centre soon. Way to make downtown better WPG #winnipeg
- @dasme: Seeing all the stuff happening in winnipeg at the moment is a little surreal. Amazing how all these developments can steam-
- roll like this ▶ @psyoureanidiot: Not even Hulsizer will pay to see the Coyotes in Phoenix. Still can't believe Bettman

warned Winnipeg that it'd

07

- be tough to keep the team. @RogMir: What is everyone doing during Canada Day in Winnipeg? We should use a hashtag: #CanadaDayWpg Any cool or unadvertised events on the day?
- ▶ @RobsonDan: Winnipeg gave me a new appreciation of true sports fans. Athletes in that city should feel very fortunate. #Bombers #Jets #Goldeyes

#### Worth mentioning

BEIJING. China has counted its 1.34 billion people; now it's the pandas' turn.

After conducting a census of its human population last year, China is about to start a once-adecade count of giant pandas in the wild.

The official China Daily reported more than 60 trackers were trained at Wanglang National Reserve in the southwestern province of Sichuan, which is believed to have the largest number of wild pandas in China.

They will collect droppings for DNA analysis, which will allow zoologists to track individual pandas and accurately estimate the population, Chen Youping, director of the reserve's administrative bureau, was quoted as saying by Xinhua News Agency.

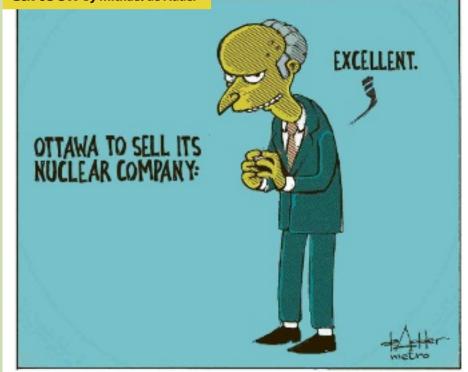
The census is also expected to reveal more on living conditions, age structure and changes of habitat of the endangered species.

The last census counted 1,596 wild pandas in China, 1,206 of which were living in Sichuan.

Wild pandas are threatened by a loss of habitat, poaching and for being poor breeders.

THE ASSOCIATED PRESS

#### **Cartoon** by Michael de Adder



#### What rhymes with red light, green light?

A rapper is awaiting word on whether he will face charges after staging a performance in New York City's Times Square from atop a traffic light pole.

The spectacle stopped traffic for hours at the end of the morning rush hour while police negotiated with the man.

Onlookers clicked photos and cheered. Police set up a cushion under the pole for fear he would jump.

The man agreed to come down on a police ladder. He was taken to a hospital for evaluation.

Witnesses say the man was trying to hand out his own CDs in a store but was kicked

out. That's when he climbed the pole.

THE ASSOCIATED PRESS



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Editor-in-Chief Charlotte Empey, National Deputy Editor Fernando Carneiro, Managing Editor, News and Business Amber Shortt, Scene/Life Editor Dean Lisk, Managing Editor, Night Production Matt LaForge,



#### The next Twilight?



Twilight author Stephenie Meyer's next big-screen project has a release date. Distributor Open Road Films announced Monday that the movie adaptation of Meyer's apocalyptic sci-fi novel The Host will arrive in theatres March 29, 2013. The Host is Meyer's follow-up to her bestselling Twilight series. THE ASSOCIATED PRESS



#### **Movie review**



#### Transformers: Dark of the Moon

**Genre:** Action/ Sci-Fi **Director:** Michael Bay **Stars:** Shia LaBeouf, Rosie Huntington-Whiteley and Tyrese Gibson

Set three years after the last Transformers movie Sam Witwicky (Shia LaBeouf) has an Ivy League education under his belt and a new girl on his arm.

A new job for a multinational company places Sam, once again, smack dab in the middle of a showdown between the nasty Decepticons and the heroic Autobots. The former are the bad guys, the latter are the white hats, other than that, you're on your own. There's a lot going on here, including an ulterior motive for JFK's space race, Chernobyl and an almost Shakespearean double cross.

Director Michael Bay has never been known for his restraint and in the past his overblown ascetic has gotten in the way of his storytelling. This time out he reigns in the story and choreographs the battle scenes so the clashing robots are no longer just blurs of glinting metal but clearly defined warriors.

By amping up the action and playing down the story Bay delivers the best Transformers yet.

RICHARD CROUSI

## 4 set-in-Canada films

• Whether it's Maritimers taking on T.O. or a dying man staring at the world's biggest hockey stick, these movies take Cancon to a whole new level



#### Goin' Down the Road (1970)

The story of Pete (Doug Mc-Grath) and his pal Joey (Paul Bradley), two Maritimers who set out in a Chevy to find a better life in Toronto, (SCTV joked they were looking for "lawyerin' and doctorin' jobs") is a Canadian time capsule circa 1970.



#### One Week (2008)

The story of a dying man on a road trip is a love letter to Canada, showcasing landmarks — like the

world's biggest hockey stick — but its heartfelt story should appeal to everyone, whether they have the Queen on their money or someone else's mug.



#### Jesus of Montreal (1989)

Not only does Saint Joseph's Oratory represent Montreal in the game Monopoly: Here and New: The World Edition, it also provides a beautiful; backdrop for this classic Canadian film from acclaimed director Denys Arcand.



#### Watch. Transformers

#### **WINNIPEG**

Famous Players Kildonan Place 1555 Regent Ave W, 204-663-2166

**Transformers: Dark of the Moon** (STC) No Passes Wed 7-10:20 No Passes Thu 12:10-3:40-7-10:20

#### Grant Park 8 Cinemas 1120 Grant Ave., 204-453-4084

**Transformers: Dark of the Moon 3D** (STC) Dolby Stereo Digital, Stadium Seating, No Passes Tue 10 Dolby Stereo Digital, Stadium Seating, No Passes Wed-Thu 12-3:10-6:30-10

Landmark Towne Cinema 8 — 301 Notre Dame Avenue, 204-947-2848

#### waydowntown (2000)

This satire of office life and urban living showcases Calgary's underground web of connecting tunnels. the above ground life, but it gives you a glimpse of a little seen aspect of Albertan big city life.

You don't see much of

Transformers: Dark of the Moon (STC) Wed-Thu 6:45-9:55

SilverCity Polo Park 815 St. James Street, 204-774-1001

**Transformers: Dark of the Moon** (STC) No Passes Wed-Thu 1-4:30-8

Transformers: Dark of the Moon — An IMAX 3D Experience (STC) No Passes Tue 8:45 No Passes Wed-Thu 12-3:30-7-10:30 No Passes Tue 12:01 **Transformers: Dark of the Moon 3D** (STC) No Passes Tue 9-12:01 No Passes Wed-Thu 11:30-12:30-3-4-6:30-7:30-10-11

#### SilverCity St. Vital 110-1225 St Mary's Rd, 204-256-3901

Transformers: Dark of the Moon (STC) No Passes Wed-Thu 11:30-12:30-3-4-6:20-7:20-10-11

(31C) No Passes Wed-Hul 11.30-12.30-3-4-6:30-7:30-10-11 **Transformers: Dark of the Moon 3D** (STC) No Passes Tue 9-12:01 No Passes Wed-Thu 12-3:30-7-10:30

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metr@dish metronews.ca WEDNESDAY, JUNE 29, 2011

#### **Talking points**

#### **Getting Wilde** with Gyllenhaal

PLAYING HOUSE? Olivia Wilde has caught the eye of another of Hollywood's most eligible bachelors. The House star was reportedly acting very "touch-feely' with Jake Gyllenhaal during a recent night out at the Chateau Marmont, sources tell People magazine.

"At one point, he had his hand on hers," a source says. "Olivia was very cool and wasn't fawning over Jake but seemed to like the attention he was giving her." METRO

#### **Aniston dishing** out the advice

RELATIONSHIP COLUMN?

With so much attention on her love life, it's no surprise Jennifer Aniston also gets asked a lot for relationship advice - and she's now happy to oblige, apparently.

"You need to talk to each other and you have to say what you want. You don't confront your man about things which you're not happy about, you approach it in a much more

constructive



#### **Celebrity tweets**



sexiest vegetarian now no one will be sure what I mean when I offer them a nut roast.'



write. I surfed and saw a ballpoint pen floating in the water. SWEAR TO GOD."

"Bruce Jenner is the least famous of the Kardashians but the irony is that he is the only one with a talent of any kind that deserves fame."



surmised: Jews & **Palestinians** both see

each other as **Darth Vader & themselves** as 'Rudy'

kinds of difficulties, but you've got to be able to talk about your problems and your needs and do it in a positive way. That's

easier said than done, METRO of course." METRO

## LaBeouf struggles with a public image

Transformers star admits it's not always easy being in the spotlight glare

Shia LaBeouf admits he doesn't have the best public image in Hollywood, but he just can't help being himself, the Transformers star tells Details magazine.

"I would like to be George Clooney — diplomatic. I just don't have the wherewithal yet or the inner serenity," he says.

"My bulls— meter is tuned very sensitive. The minute it starts kicking up, I get back to truth, and sometimes that involves, you know, 'I don't want to take a picture.' And if that's the case, am I an ahole for being honest? Or am I an a—hole for being dishonest, smiling in your picture and I f-king hate being there? Which one is worse? These are the questions I ask myself that George Clooney doesn't ask.'

Transformers 3, which will be available in 3-D, is being released in theatres today.

The first two films were some of the highest grossing of that year.



It looks like Charlie Sheen and Two and a Half Men are done for good, as the show's writers are planning to kill Sheen's character off to prevent him from ever returning to the show, according to TMZ.

While the script hasn't been finalized, sources say option involves Sheen's character driving his car off of a cliff. Meanwhile, sources close to Sheen tell Radar Online that the actor has signed a deal with TBS for a new sitcom in which he will play a character "very similar to the one he played on Two And a Half Men.

TBS has denied the reports of a deal, despite



Sheen claiming the two were 'deep in negotiations.

The latest confusing twist to the Sheen saga has led some to speculate that Sheen might be back on one of his drug benders that captured headlines earlier this year. • METRO



# life

#### **Bond experience**



Keys can now pretend to be, and actually fly like, James Bond, thanks to a new watersport. Participants strap on a flight pack that looks like the one actor Sean Connery wore in Thunderball. Jetpack Adventures charges \$249 US for the 1.5-hour experience, which includes half an hour in flight.

THE ASSOCIATED PRESS



New travel pass customization means more choices, skipping lines and less money.

## Honouring Canada's athletes

Canada's Sports Hall of Fame opens July 1 in Calgary ▶ Features hundreds of pieces of sports memorabilia from a Formula One race car to Terry Fox's iconic running shoe

Shadow-boxing with Lennox Lewis, wheelchair-racing against Chantal Petitclerc and re-living Jacques Villeneuve's championship Formula One season are just some of the interactive attractions at Canada's new Sports Hall of Fame.

Canada's sports shrine opens Friday in Calgary for a few hours for a free public preview before its official opening Saturday.

Once located on Toronto's Exhibition grounds, the Hall only existed online and in boxes in recent years as a search was conducted for a new home.

The 4,085-square-metre building houses a 120-seat theatre, 50 interactive displays and more than 1,000 artifacts. From the outside, part of the building looks like a tilted red Lego block.

Eleven galleries open onto, and are connected to, a central main hall, which has a statue of Wayne Gretzky stationed at its entrance. The main hall also features a photo-wall of honoured members.

There's an intimate feeling to the space, despite its size. Given the Hall's proximity to the new Athletic and Ice Complex under construction at COP and all the national teams training there, the interior was designed to feel like a sports clubhouse.

"Sport has always needed a place to come together," said the Hall's CEO Claire Buffone-Blair. "We feel Canada's Sports Hall

of Fame can be that clubhouse for Canadian sport."

Permanent statues include Gretzky, diver Sylvie Bernier, figure skater Barbara Ann Scott, curler Sandra Schmirler, runner Philip Edwards, Kentucky Derby winner Northern Dancer and cross-country skiing pioneer Herman Smith-Johannsen.

Alex Baumann's two Olympic gold medals in swimming had rarely been out of his safe until they were put under glass in the hall. Baumann says while the medals were locked away, his children saw them only once.

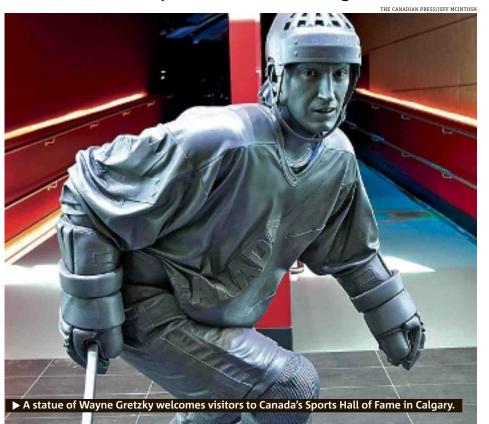
"I always had duplicates to travel with because I didn't want to lose them. I never pulled them out ... It's much better to be displayed here."

Michelle Cameron's Olympic gold medal in synchronized swimming — she and Carolyn Waldo won the duet in 1988 — is there along with one of her swimsuits.

"It does give me goose bumps seeing it here," Cameron said. "It's a little bit emotional actually. To have it here among the greatest athletes Canada has seen, it's pretty cool for it to be in a home like this."

Former Crazy Canuck Ken Read noted how beat up his ski helmet looked in a display that included his boots and gloves.

"It kind of shows a little bit of age because it's nearly 30-plus years old," he said. THE CANADIAN PRESS





#### Inductees

- This year's inductees will be hockey player Ray Bourque, football player Lui Passaglia, Paralympian Lauren Woolstencroft, triathlete Peter Reid, soccer player Andrea Neil and International Olympic Committee member Dick Pound.
- The first induction ceremony at the new Sports Hall of Fame will be Nov. 8.
- General admission to the Hall will be \$12 for adults.



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## Rev your engines for Collection X

◆ Harley-Davidson raids archive ◆ Motorcycle maker showcases rarely seen items in its Milwaukee exhibit

A new exhibit at the Harley-Davidson Museum is proof the Milwaukee motorcycle maker is about much more than its classic hogs.

An all-leather motorcycle made in Japan, rarely seen prototype bikes and a rocket engine that powered drone missiles during the Vietnam War are just a few of the items the company has dug out of its archive for "Collection X: Weird, Wild Wonders of the Harley-Davidson Museum."

The museum's senior curator, Kristen Jones, said certain items were chosen to tell particular stories when the museum opened nearly three years ago. But many got left in storage, only to be glimpsed by museum goers on special behind-the-scenes tours.

It's from those tours

#### **Special exhibit**

"Collection X: Weird, Wild Wonders" is on display through Aug. 21.

- Address: 400 W. Canal St., Milwaukee, Wis., 414-287-2789
- Open: Sunday to Wednesday, 9 a.m. 6 p.m.; Thursday, 9 a.m. 8 p.m.; Friday to Saturday, 9 a.m. 6 p.m.
  Price: Adults, \$16; children 5-17, \$10; under 5, free.

that curators got the idea to put together the new exhibit, said Jim Fricke, curatorial director.

"You see the look on people's faces when you let them into the climatecontrolled storage area and we begin to pull out this treasure," he said. "So we decided to play off the kind of mystery embodied in the kind of secret storehouse. That's where the theme came from."

The exhibit, which runs through Aug. 21, includes a 1920s leather aviator's face mask, a tiered "trophy cake" that displays racing trophies from the early 1900s and handmade kidney belts that riders wore through the years.

"There are a lot of different chapters, and there are chapters that aren't as well-known as others," said museum vice-president Bill Davidson, the great-grandson of Harley-Davidson Motor Co. co-founder William A. Davidson, describing the history of the company where he's worked most of his life. THE ASSOCIATED PRESS

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## OVER THE YEARS, CANADIANS HAVE INVENTED ALL KINDS OF **REALLY NEAT**

Test your knowledge with this fun quiz that puts the spotlight on interesting Canadian inventions and provides even more reasons to be proud to say you're Canadian.

1. Most people know that hockey and lacrosse originated in Canada. But guess what, so did:

- a) Basketball
- b) Baseball
- c) Soccer
- d) Rugby



2. Babies — and moms

- world clap their hands for: a) Soother
- b) Baby bottle
- c) Breast pump
- d) Pablum



3. We were instrumental in creating this impressive noise-making machine.

- a) Fog horn
- b) Whoopee cushion
- c) Bird caller
- d) Door bell

4. Dr. Frederick Banting and colleagues at the University of Toronto made this life-changing discovery:

- a) Insulin
- b) Penicillin
- c) Anti-convulsants
- d) Methadone

5. The novelist Mordecai Richler described this superhero as the perfect expression of the Canadian psyche.

- a) The Hulk
- b) Ironman
- c) Spiderman
- d) Superman

- 7. What would rural Canada do without this cold weather mainstay?
- a) Battery charger
- b) Ice fishing hut
- c) Snow blower
- d) Snowmobile
- 6. This divine treat now has a trail designed in its honour.
- a) Laura Secord chocolate
- b) Nanaimo bar
- c) Jelly beans d) Ice cream

#### 8. This game is a true Canadian classic.

- a) 5 Pin bowling
- b) Ball hockey
- c) Dodge ball
- d) Bocce ball
- ADD UP THE NUMBER OF QUESTIONS YOU GOT RIGHT.

IF YOU SCORED FIVE OR LESS You need to brush up on your Canadiana!

IF YOU SCORED SIX TO EIGHT You're definitely up on what makes Canada a fabulous country! IF YOU SCORED OVER 8 Pat yourself on the back (but don't let anyone see you!). You are a true Canadian!

FOR MORE TRIVIA ABOUT CANADA Canada Cool's App for iPhone and iPod Touch is a 40-question trivia game about Canada developed by Lucy Izon and selling for \$2 in the iTunes store.

1: a) Basketball. Dr. James Naismith invented the game of basketball more than 100 years ago. In the beginning, the hoop was actually a peach basket hanging on a gym wall. Eventually, the bottom was cut out of the basket, and over time, the game has become popular around the world.

2: d) Pablum. This cereal was developed in 1930 by a team of doctors at the Hospital for Sick Children in Toronto. It was the first ready-to-use vitamin and mineral enriched baby cereal — and has had great commercial success.

3: b) Whoopee cushion. The JEM Rubber Co., in Toronto, created this novelty item in 1930. Prior to that, similar items sounded like screaming cats or a crying child. The whoopee cushion, of course, became the king of flatulence gags!

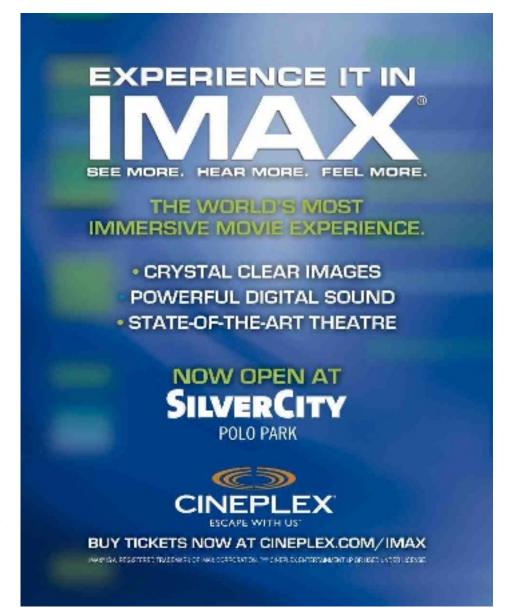
4: a) Insulin. The discovery of insulin as a treatment for diabetes was a lifesaver and one of the biggest discoveries in medicine. Insulin helps control the amount of glucose (sugar) in the blood. In people with diabetes, the pancreas doesn't produce any or enough insulin or can't use the insulin it does produce.

5: d) Superman. Mordecai Richler once said that Superman was a "universal hero," famed throughout the world as the champion of everything virtuous — just like Canada. Created by 17-year-old Toronto-born Joe Shuster and his buddy Jerry Siegel, the Man of Steel hides his superpowers under the guise of mild-mannered reporter Clark Kent.

6: b) Nanaimo bar. Named after its founding city Nanaimo, B.C., this yummy bar consists of a crumbbased bottom layer topped with a layer of vanilla butter icing and finished with a melted chocolate top. If you visit Nanaimo today, you can follow the Nanaimo Bar Trail.

7: d) Snowmobile. Joseph-Armand Bombardier was a mechanic in Valcourt, Que., who dreamed of building a vehicle that could "float on snow." In 1937 his first snowmobile floated on snow - and a legendary machine and company was born.

8: a) Five-pin bowling. Five-pin bowling was created around 1909 by Tommy Ryan in Toronto. The story goes that he cut tenpins down to about 75 per cent of their size, and used hand-sized hard rubber balls.



metronews.ca
wednesday, June 29, 2011

## Go on a world tour with tabbouleh

This refreshing Middle Eastern salad allows for different combinations of whole grains, herbs and vegetables

When in doubt, add whole grains. Or even better, start with them.

When you're assembling your salads for this year's summer gatherings, consider this trio of naturally healthy tabboulehs.

Tabbouleh is a Middle Eastern salad of bulgur wheat, parsley and tomatoes flavoured with mint, scallions, lemon juice and olive oil. Composed primarily of whole grains and vegetables, this dish is low in calories and high in fibre and protein.

Using different combi-

nations of whole grains, herbs and vegetables, you also can create similarly nutritious and delicious tabbouleh-like salads.

Being a cold salad, with no mayonnaise, this dish is perfect for a barbecue or picnic.

Consider serving them in lettuce cups, with pita chips to scoop with or spooned into a pita pocket.

You also could make it a meal by incorporating some diced or shredded chicken breast and serving it over a bed of greens.

THE ASSOCIATED PRESS

#### California wii Tabbouleh

#### **Preparation:**

In a medium bowl, toss apple with vinegar. Add remaining ingredients, then toss well. Season

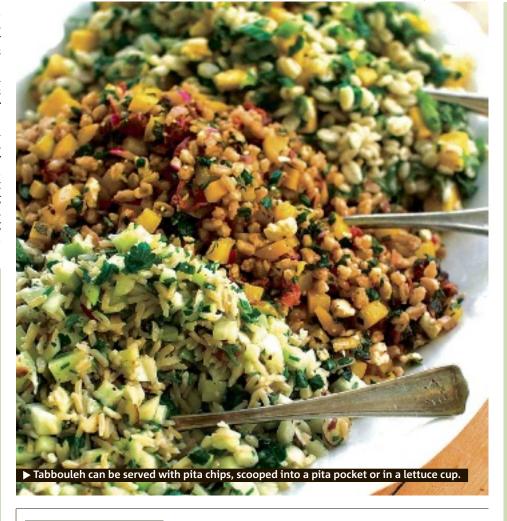
#### **Ingredients:**

- 1 Granny Smith apple, diced
- 45 ml (3 tbsp) cider vinegar
- 500 ml (2 cups) cooked and cooled brown rice
- 1 small fennel bulb, cubed
- 125 ml (1/2 cup) chopped fresh parsley

with dash of salt and black pepper.

Nutrition info per serving: 290 calories, 90 calories from fat (30 per cent of total calories); 10 g fat; 5 mg cholesterol; 45 g carbohydrates; 7 g proteins; 6 g fibre; 160 mg sodium

- 30 ml (2 tbsp) chopped fresh thyme
- 50 ml (1/4 cup) chopped fresh chives
- 30 ml (2 tbsp) honey
- 15 ml (1 tbsp) olive oil
- 50 ml (1/4 cup) crumbled blue cheese
- 50 ml (1/4 cup) toasted sliced almonds
- Salt and black pepper



## Tropical Tabbouleh

#### **Preparation:**

In a medium bowl, combine all ingredients. Toss well, then season with salt and pepper.

Nutrition info per serving: 200 calories, 70 calories from fat (33 per cent of total calories); 8 q fat; 0 mq cholesterol;

#### **Inaredients:**

- 500 ml (2 cups) cooked and cooled pearl barley
- 250 ml (1 cup) firmly packed chopped fresh cilantro
- 125 ml (1/2 cup) chopped fresh mint

33 g carbohydrates; 3 g proteins; 5 g fibre; 10 mg sodium

- 3 scallions, sliced
- 45 ml (3 tbsp) lime juice
- 30 ml (2 tbsp) extra-virgin olive oil
- 250 ml (1 cup) diced mango
- 1 ml (1/4 tsp) allspice
- Salt and ground black pepper, to taste

#### Mediterranean Tabbouleh

#### **Preparation:**

In a medium bowl, combine all ingredients. Toss well, then season with salt and pepper.

Nutrition info per serving: 210 calories, 40 calories from fat (18 per cent of total calories); 5 g fat; 10 mg cholesterol; 35 g carbohydrates; 9 g proteins; 6 g fibre; 210 mg sodium

#### **Ingredients:**

- 500 ml (2 cups) cooked and cooled farro
- 250 ml (1 cup) chopped fresh basil
- 125 ml (1/2 cup)
- chopped fresh mint
   50 ml (1/4 cup) finely
- chopped red onion45 ml (3 tbsp)
- balsamic vinegar
- 30 ml (2 tbsp) chopped oil-packed sun-dried tomato
- 15 ml (1 tbsp) oil from sun-dried tomatoes
- 30 ml (2 tbsp) chopped black olives
- 1 yellow bell pepper, cored and diced
- 50 ml (1/4 cup) crumbled feta cheese
- Salt and ground black pepper, to taste



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## Benefit from a personal brand

## STUDENT VOICE

CHIRS DIONNE

TALENTEGG.CA

Pursuing a post-graduate education was always in the cards for me. I knew I needed more than your average BA in today's competitive job market.

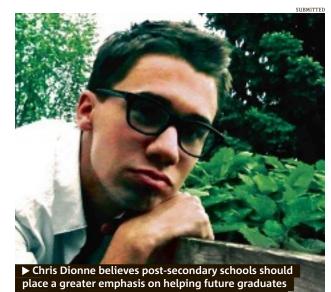
competitive job market.
What I didn't know,
however, was how important it was to craft a personal brand as part of the
job hunt.

When I graduated from York University, I had a single internship under my belt. I was working on search engine optimization and social media at a Toronto museum, receiving credits for a fourth year course. I'd like to think I was hired based on my experience as a

cast member at Walt Disney World, making dreams come true and practicing great customer service.

On graduation day, with my degree in hand, I was offered a summer internship at Canada Helps, a dynamic charitable foundation based in Toronto. This time I'd like to think I was hired for my SEO and social media savvy, highlighting the skills I had developed at the museum.

Now I was beginning to connect the dots in my career path. I understood the importance of leveraging the value of past work experiences to receive new opportunities. My experience with the Walt Disney Company got me the job at the museum, which led to my job at the charitable foundation.



develop unique and impressive online personalities.

Unfortunately, this still left me without a full-

time job.
I persevered and enrolled in the public relations post-graduate program at Humber Col-

lege, renowned for its reputation and connections in the PR industry. I also adopted an online image, learned the importance of crafting my personal brand, and began to con-

#### Where Chris is now

I'm currently an account coordinator at North Strategic, a new communications agency executing programs that are social by design. Working at an organization built from the ground-up is a thrilling opportunity for a fresh grad. I get to work closely with North's founders, and discover the industry through seasoned professionals.

nect with online influencers.

After attending Humber, I realized schools should place greater importance on helping students craft their own brand, developing a unique voice online. Connecting on LinkedIn, engaging on Twitter and blogging about relevant content provides students an opportunity to get their name out there, and increases their chances at gaining employment.

My advice for fellow students and recent grads

is to start creating your own brand. Upload a visual resumé on SlideShare, create an About.me profile or launch your own website if you're feeling ambitious.

With the right tools, launching your personal brand will get you noticed among other job applicants. Leverage the power of storytelling and reap the benefits.

TALENTEGG.CA, CANADA'S ONLINE CAREER RESOURCE FOR STUDENTS AND RECENT GRADS, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.



## A hole in one

#### • When golfing with the boss, always behave like a pro

Many professionals will be asked to join their boss and clients for a round of golf this summer, and whether you play like a champion or rarely lift a club here are some tips about how to act on the course from Steve Stradiotto, a brewing specialist at Molson Coors and creator of Molson Canadian 67 Sublime, and CPGA professional Conor O'Shea.

Prepare for the round like it is a meeting Call the pro shop to confirm the dress code. If you need to rent clubs make sure they have some available. If you know your

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boss and clients are inclined to indulge at the 19th hole, plan ahead and be the designated driver.

The warm-up Always visit the driving range. Start with some simple chipping and half swing shots; you'll establish a reliable tempo, warm up gradually and connect well with the ball.

**Skip the shop talk** Don't start talking about work unless your boss does. He/she

might want to know you a little better, learn about your favourite band, sports team or local pub.

Great putting is about speed control Focus on getting the ball to slow down as it nears the hole. The slower the ball is rolling the more likely it will be to fall in. A good rule is to take the putter back and through the same distance, one inch for every foot on a flat putt.

#### **Beating your boss?**

If it comes down to the last hole and you're tied, still make the putt. And if you do sink it, you should buy the first round of beer.

One good round deserves another In Canada, having a beer on the course is often part of the experience. If your foursome wants to enjoy a round during the round, stick to a light beer and help keep your drive straight and your game in control. NEWS CANADA

#### **Sinclair** may not be cleared to play versus France

While the Canadian women's soccer team practised for one of its most important games ever, captain Christine Sinclair was alone pedalling a bicycle furiously around an adjacent field.

Sinclair may not be cleared to play tomorrow against France, a match the Canadians can't afford to lose if they're to advance at the FIFA Women's World Cup and there's little the 28year-old can do about it except hope.

"Obviously it could potentially be the biggest game of all of our careers in a couple of days, but we've got great doctors here who will hopefully get me ready," Sinclair said yesterday, through a swollen nose and bruised eyelids. "Obviously it's a time crunch in a tournament like this ... We're trying to take care of it as best we can, make it heal it as quickly as possible.

"I don't know if you can stimulate bone growth," she added with a half-hearted laugh.

Sinclair had her nose broken during Canada's opening 2-1 loss to Germany, but convinced the team doctors to let her play on, scoring Canada's lone goal on a beautiful free kick.

Canada needs at least a draw against France to keep its hopes alive. THE CANADIAN PRESS



## Chip off the old block

• Gordie Howe's son Mark called to Hockey Hall of Fame • Belfour, third-winningest goalie in NHL, lone 2011 inductee to get in on first ballot

Mark Howe didn't have to live up to the lofty standard set by his father Gordie in order to earn a spot alongside him in the Hockey Hall of Fame.

The younger Howe played much of his career in the shadow of his famous father, but found out yesterday that it was worthy of hockey's highest honour. He'll be enshrined in the hall alongside Ed Belfour, Joe Nieuwendyk and Doug Gilmour on Nov. 14.

"To get the phone call today kind of took my breath away," said Howe. "I never expected that call. I don't consider myself in the class of players as the Gordie Howes and the Wayne Gretzkys and the Bobby Orrs, but to be mentioned in a class (like this one) means the world to me.'

Howe was just 18 when he began his pro career as a forward for Houston in the World Hockey Association. It was a chance for the most famous family in hockey — at the time to all wear the same sweater.

eventually Howe moved on to the NHL when the Hartford Whalers were absorbed in 1979. Playing as a defenceman, he scored at least 15 goals on eight occasions and amassed 742 points over 16 NHL seasons.

The call from the hall was a long time coming for Howe, who had been eligible since 1998. Gilmour had been passed over every year since 2006 while Nieuwendyk missed out last June. THE CANADIAN PRESS

#### No Burns this year

- The 18-member selection committee decided not to elect someone in the builder's category for the first time since 1981.
- So it will be at least another year before former Maple Leafs coach Pat Burns is officially enshrined
- Last June, there was a strong push for the threetime Jack Adams Award winner, who died of cancer in November at age







"I'm going to learn my lesson from what I did at The Players and apply it this time and come back when I'm 100 per cent. I don't know when that's going to be." TIGER WOODS, SAYING HE

WILL NOT RETURN TO GOLF UNTIL HE IS FULLY HEALTHY.



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#### By comparison

#### Chevrolet Sonic Base price: \$15,000,

Upcoming Aveo replacement offers lots of power plus good fuel economy.

#### **Ford Fiesta**

Base price: \$14,000 Good-looking sedan and hatch models feature Euro-style handling.

#### Hyundai Accent

Base price: \$15,500, est.

2012 sedan and hatch feature 138-hp I4 plus impressive fuel economy.

WHEELBASE MEDIA

#### **Engine**

The Versa will bring fuel economy to the forefront with a brand new 109-horsepower 1.6litre four-cylinder engine. The powerplant replaces both the previous 107-horsepower 1.6, as well as the 122-horsepower 1.8-litre I4.

A five-speed manual gearbox carries over as before, while a continuously variable transmission (CVT) replaces the antiquated four-speed automatic that was offered on the previous 1.6- and 1.8-litre Versa.

#### Nice price

Nissan likes to brag about the Versa S base price that will likely be about \$14,000 (including destination charges). That would make it one of the least expensive cars on the road.

Even the tiny Smart for two model lists at more than \$500 above the Versa. The S offers just the basics, other than an adjustable steering wheel, however you'll have to use window cranks for raising and lowering the side glass and to unlock the front doors you're stuck with a key.

#### **Trunk space**

There's now slightly increased trunk space, giving the Versa the edge over the next-size-up Sentra in the stowage department.

The new Versa's all-new platform weighs about 70 kilograms less than the previous architecture. That should drop the overall weight below the 1,140-kilogram threshold, although the automaker hasn't yet divulged the final number.



## Versa offers big space for a small price



The versatile Versa has hit its stride as the kind of car that even big and tall folks can ride in without having to be bent, folded or pretzeled.

It's an approach that in

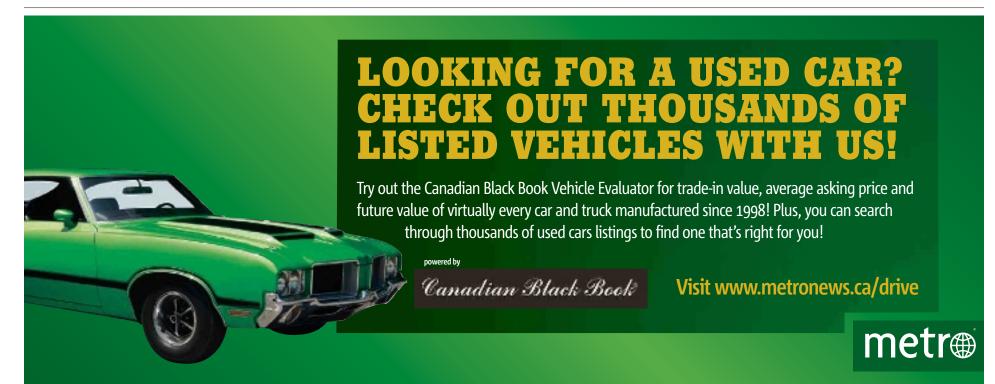
the past five years has garnered a devoted following for Nissan's little runabout and should continue when the next-generation model makes its debut this summer.

Small cars are currently the hot ticket to ride, due mainly to ever-pricier trips to the fuel pump.

But just because the package is small doesn't mean your entourage/carpool compatriots have to endure tortuously cramped quarters. Small-car buyers these days have big expectations and automakers such as Nissan aim to deliver.

The all-new Versa sedan (a hatchback edition will likely arrive by the end of the year) maintains similar proportions to the 2011 model. That translates into nearly the same amount of passenger space including, Nissan claims, more rear legroom than a BMW 5-series or a Mercedes-Benz E-Class sedan.

Where price is the whole point, the Versa is easily one of the more sensible and practical automobiles you can buy, along with being the most accommodating for both a wide and tall variety of passengers.



## Plenty of horses in Lincoln luxury sedan

### **○** Zephyr/MKZ offer average reliability and seem free of serious issues

#### SECOND GEAR



Debuted in 2005, Lincoln's new-age entry-level model was called the Zephyr for a single year before being rebadged as the MKZ.

With available AWD and standard V6 power, this Fusion-based sedan was aimed at other entry-luxury machinery like the Hyundai Azera and Cadillac CTS.

For 2006, a 3.0-litre, 221-horsepower V6 was standard with an automatic six-speed transmission and front-wheel drive. The following year, engineers

#### What's the 4-1-1

Model: 2006 to 2009
 Lincoln Zephyr and MKZ
 Vehicle type: Luxury Sedan

specified a larger 3.5-litre V6 with 263 horsepower. All wheel drive became an option, too.

#### **What Owners Like**

Many owners report a quiet and very comfortable ride and plenty of performance. Styling, interior looks and interior appointments also tend to be highly rated. Praise for overall value and the THX audio system round out the package.

#### What Owners Dislike

Owners of earlier models tend to complain about



cheaper than expected interior parts and the potential durability thereof.

A large turning circle, wind noise at speed, and blind spots were also fairly common gripes. Finally, some folks wished for more sporty and planted handling.

#### Common Issues

Inspect the MKZ's interior

and exterior for signs of wear and tear. Some owners complain of "thin" sheetmetal that dents easily, as well as peeling or worn chrome trim on certain cosmetic parts.

Make double sure the air conditioning system works properly, and check for proper operation of all interior electronics and lights. Be sure the seat heaters and coolers (if equipped) work properly, too.

A Ford/Lincoln mechanic should check beneath the vehicle for signs of wear and fluid leakage as well.

Note that AWDequipped models may suffer from leaky transfer cases.

If that's the case on the model you're considering, have the seller get the issue fixed before agreeing to purchase. An improper bolt in the power steering system could cause a fluid leak, too.

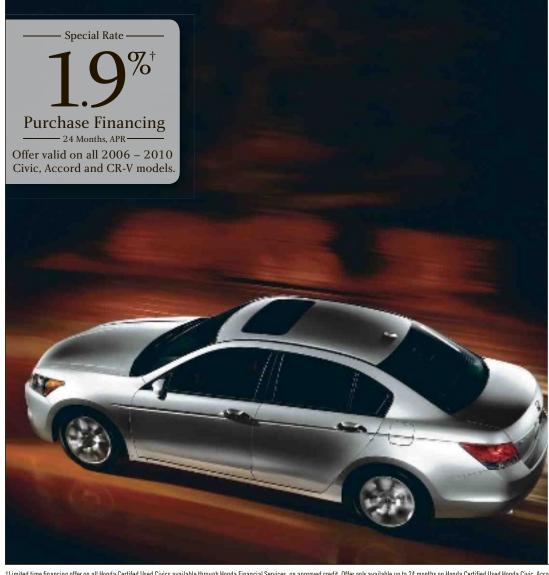
Finally, check the ceiling liner and footwell carpeting for signs of moisture that could be caused by a sunroof leak.

#### **The Verdict**

A Ford mechanic will be familiar with the common problems, service bulletins and recalls, as well as diagnosis and repair.

Ultimately, the MKZ's lower-than-average resale values, average reliability and higher-than-average feature content for the money will make it an attractive buy for many.





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#### Crossword

#### Across

4 Existed

- 1 Rotating part
- 7 Deep-sea predator
- 8 Move to one side
- 10 Adversary
- 11 The external world 13 News crew mem

13

16

25

27

33

21

36

22

38

- ber
- 16 Work with 17 Judicial apparel
- 18 "— was saying, ..."
- 19 Sheepish comments
- 20 A long time
- 21 Choir's rendition
- 23 Cheney's successor 25 Salamander
- 26 Sell
- 27 Raw rocks
- 28 Irving Berlin's "Blue —'
- 30 Afternoon social
- 33 13-Across' offering 36 "A Streetcar
- Named Desire" role 37 Bracelet adorn-
- ment 38 Short fishing line
- 39 Slight amounts 40 James Bond, e.g.

#### 41 Pigpen

- Down 1 Minotaur's home
- 2 Pinnacle
- 3 Pertaining to a city election
- 4 7-Across, e.g.
- 5 Jam ingredients?
- 6 A size too small.
- maybe
- 7 Individuals 8 Uppity sorts

#### 9 Battlefield prioriti-

- 10 Ostrich's cousin
- 15 "— the season ..."

- subjects

- zation
- 12 Ruhr Valley city
- 14 Wander
- 19 Cudgel
- 20 Toss in

- 25 Promptly 26 Spreading fast on
- 21 Shimon of Israel 22 Workout garb 23 Milwaukee prod-
- 24 Entomologist's
- 32 \$ dispenser 34 Sawbucks 35 Terrific, in rapsneak

### ➤ Yesterday's answer ITLL HAG ITEM

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#### Sudoku

15

20

35

39

41

30 31

23 24

26

28 29

YouTube

Paris" star

30 Sycophant

31 Blunders

28 Drag (Var.)

29 "An American in

34

40

3	9						5	7
		4	6			9		
8			9		3			
9				7		6	1	
				4				
	3	8		1				5
			1		2			3
		5			4	1		
1	7						2	6

#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

2	1	8	3	6	9	7	5	4
3	7	5	4	8	2	9	1	6
4	9	6	1	5	7	2	8	3
8	6	5	7	1	5	4	3	9
9	3	1	8	2	4	5	6	7
5	4	7	9	3	6	1	2	8
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1	2	9	6	7	3	8	4	5
6	2	9	6	7	3	8	7	5 1
1 6 7	2 5	9 4 3	6 2 5	7 9 4	3 8 1	8 3 6	5 8 3 6 2 4 7 9	5 1 2

## Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

#### MyHoney

My lovely lady..Hope you are doing OK. Praying for you. Take care of yourself4 me please. You are my love, my lady and my life. Stay strong. Can't thank you enough. TRUE LOVER

My little girl, Happy Birthday my love and just remember you will aways be Daddy's little girl and he'll always love you. DADDY

Fathertobe, Wish u were there every time the baby was to be born, to be by my side, to hold me, to share the first glimpse of our baby, to let me know i looked ok, to hold me. u never were - and that is YOU. i did it alone every time hope u can make it on time for this one. due date is aug13 as per yesterdays ultrasound. baby is growing beautiful just like us your eyes, my heart LMOLE

BREAKFAST TELEVISION

#### A look at the weather

TODAY

Min 16° Max 27°

THURSDAY Min 20° Max 33°





#### BT Jenna Khan, Weather Specialist

"Weather impacts everything we do Providing the information you need before you head out that door and take on the day is the best part of my morning." WEEKDAYS 6AM

#### Today's horoscope

#### T Aries March 21-April 20

Someone dear to you feels rather left out. Aim to reassure him or her. **▼ Taurus April 21-May 21** You need to socialize more with people

II Gemini May 22-June 21 Don't listen to those who say you are being too pushy because you

who share your outlook on life.

are not being pushy enough. grass may look greener on the other side of the fence, but you must finish what you started be-

fore trying something new.

**↑ Leo July 23-Aug.23** Get out and make sure everyone knows who you are and what you can do.

m Virgo Aug. 24- Sept. 22 It may not be true that everyone is out to get rich at your expense but you should act as if it is. **△ Libra Sept. 23-Oct. 23** You will

very soon reach a point where you have to slow down or risk collapse. Your health comes first — always. M Scorpio oct. 24-Nov. 22 Just because something sounds right. does not make it right. Be skeptical

even if it grabs your attention.

For today's crossword answers and for expanded horoscopes, ao to metronews.ca

✓ Sagittarius Nov. 23-Dec. 21 Focus on what you are good at and don't be tempted to do things

merely to impress other people. り Capricorn Dec. 22-Jan. 20 You'll be overwhelmed by the number of people who want your help.

Aquarius Jan. 21-Feb. 18 Make sure you get plenty of rest your brain needs it as much as your body. If you don't, you'll regret it. H Pisces Feb. 19-March 20.

Think before acting then think

again just to be on the safe side. SALLY BROMPTON





#### You WIN! write it!

Write a funny caption for the image above and send it to plav@metronews.ca the winning caption will be published in tomorrow's Metro.







mb.cdicollege.ca Winnipeg Campus 1-877-404-4355 co college

## cd college



## DI COLLEGE HAS SPIRIT



A group of adults dressed in wild wigs, each looking like Marge Simpson, was seen around the corner of Main Street and Graham Avenue on a warm summer day. Several individuals each with big hair of a different colour resemble a theatretroupe about to perform Grease. Is this a costume ball or a casting call? No, this is one of the many fun and exciting activities that students and staff partici- pate in at CDI College.

"Who says learning new skills needs tobedry and boring?" asks Tahl East, Director of CDI College's Winnipeg Campus. "Education can be fun if you make it that way." It is a well known factthat students and employees learn and are more productive in a positive fun environment and this is very much the caseat CDI College.

"We work hard and we study hard but we play hard." East explained adding that the next staff and student spirit event this August is going to be a Jersey Day with a football/ sports theme.

Over the last year at the college, spirit events have excited and energized the Winnipeg CDI College. These events include the traditional dressing up in Halloween costumes. "We had two categories - one for staff and one for stu- dents." East observed, adding,

"The creativity and hard work of our students and staff is really great. They came up with costumes that would win any competition in Winnipeg."

"Dressing up is fun," admits one Dental Assisting student spotted carrying a tray of appetizing food to her potluck lunch, "Going back to school as an adult has a lot of stress. - Having fun school at CDI means a lot to me. We are going out on our practicum and it is a great time to celebrate getting our exams done."

Another student in Network Administration admitted he did not expect that the college was into having a hard working yet student focused environment. "Last Halloween, more people dressed up than anyone in High School. If High School would have been that much fun, I would have done better there."

Another event included a Holiday Season Fundraiser for Winnipeg Harvest which was part of a national competition for all CDI Colleges. "Naturally, CDI College in Winnipeg won, because of the huge drive of our students and staff," East said. Explaining that fun events also can benefit the community, "We recently had a successful blood drive and Blood Marrow Donor ID Program this summer, as well earlier, we were mobilizing volunteers for the Spring Flood."

"The 80s day was my favourite," said an Accounting and Payroll Administrator student, "We dressed up like people from the 80s. The 80s candy is pretty good too."

Each month at CDI College, there is an assembly style event that brings everyone up to date with events, successful employment placements and honours successful academic achievement. "This builds a campus community and students can mingle and meet those who may be in different programs, "East said adding, "We call this day, Student Appreciation Day, in recognition of the hard work and success of our students. But really we try to make it a whole lot of fun."

CDI Students this spring were treated to a mock trial for the Legal Administrative Assistants Class. One graduate admitted she enjoyed it but said, "The robes that the lawyers and judges woremade a classroom event feel real."

Other fun events that built up the spirit which CDI College's Winnipeg College included the Pajama Day, the Plaid Day, not to mention a Formal Day. "That was great seeing my instructor wearing a full ballroom gown. I got to wear my old high school grad dress, "admitted one Administrative Assistant student.

Visitors to CDI College in Winnipeg can spot instructors, administrators working with students to produce the high quality graduates that Winnipeg Employers need, but some days they may be dressed up and having fun while being a first class post-secondary educational institute.



"More one-on-one training is what prepared me to go into the workforce."

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